



A.D.M College For Women (Autonomous)

Nationally Accredited with 'A' Grade by NAAC (Cycle- III)

Nagapattinam - 611 001

Tamil Nadu.



IQAC – FDP “ DYNAMICS OF STUDENTS MENTORING”



A.D.M COLLEGE FOR WOMEN

(Autonomous)

(Affiliated to Bharathidasan University, Tiruchirappalli)

(Nationally Accredited with 'A' Grade by NAAC- 3rd Cycle)

Nagapattinam

Internal Quality Assurance Cell

Organizes a Faculty Development Programme on

DYNAMICS OF STUDENTS MENTORING

9th October 2021 | 10.00 am to 1.00 pm

Dr. V.Suresh,
Professor and Head (Rtd)
Department of Psychology,
Annamalai University , Chidhambaram.



MEET LINK : meet.google.com/hwm-yede-wqy

IQAC CO ORDINATOR
Dr. R. Manimozhi
Asst. Professor of English

UGC CO ORDINATOR
Dr.R.Sophia Porchelvi
COE

CHAIRMAN IQAC
Dr. R. Anbuselvi
Principal i/c

STUDENT MENTOR SYSTEM CORDINATORS

Dr. V. Uma Maheswari, Assistant Professor of English
Mrs.P.Kavitha, Assistant Professor of Economics
Dr.I. Jannathul Firthouse, Assistant Professor of Mathematics

MINUTES

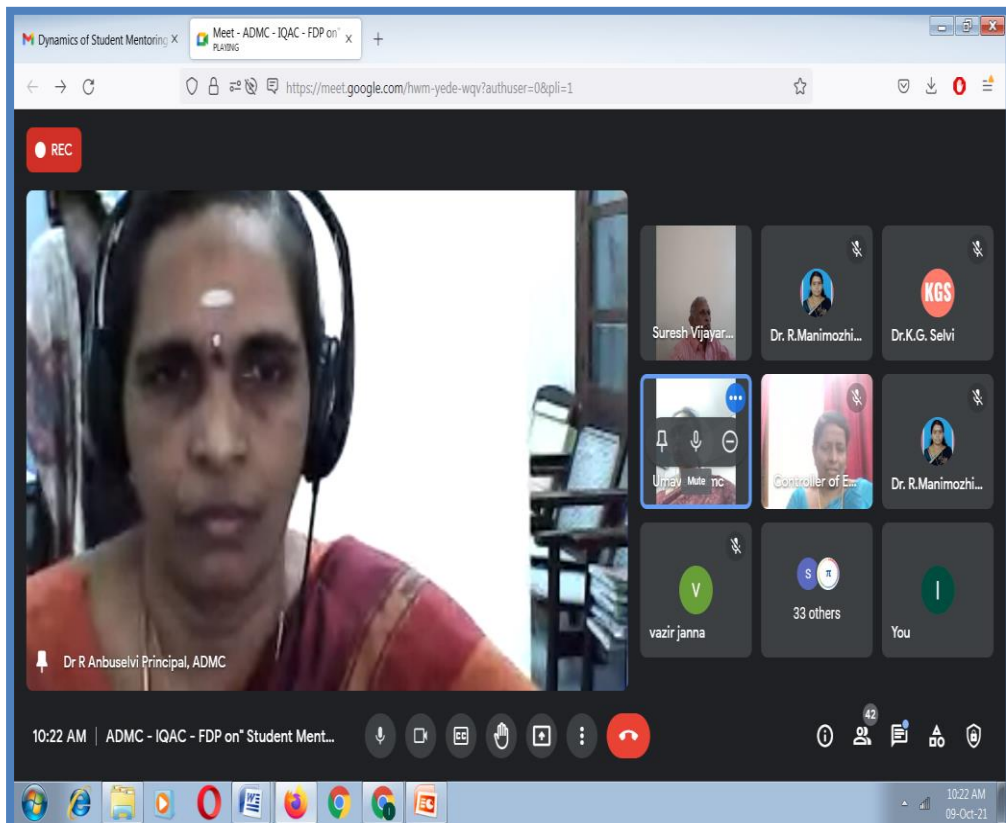
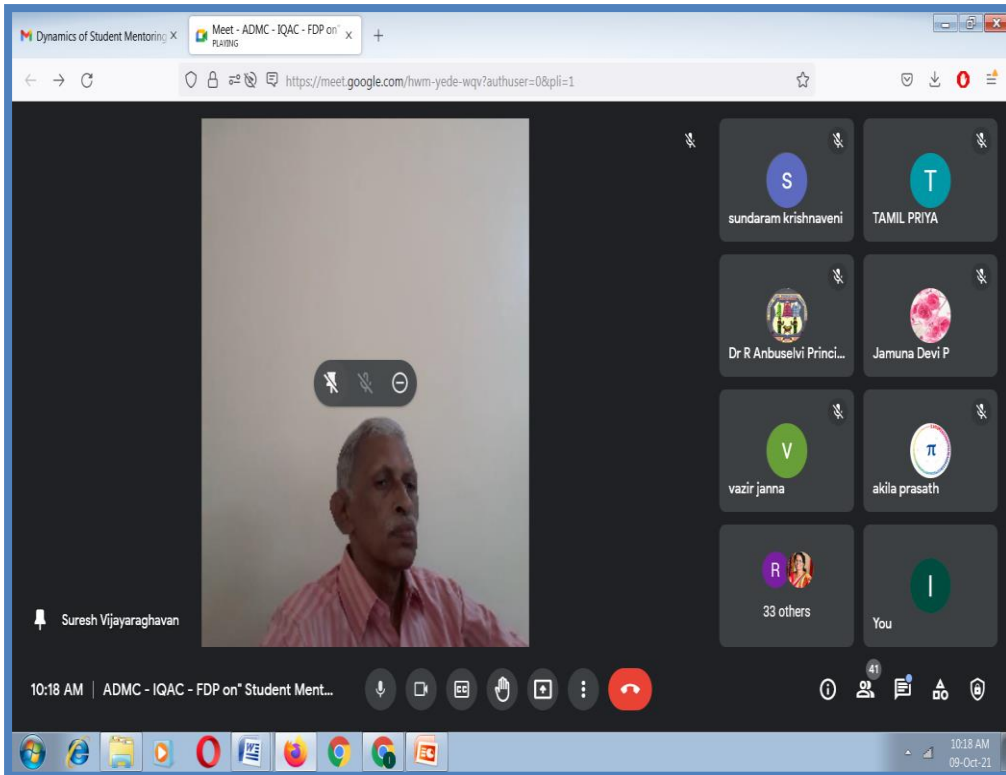
IQAC – FDP “DYANAMICS OF STUDENTS MENTORING”

Student mentor system and Internal Quality Assurance cell jointly organised Faculty Development Programme on 09.10.2021 through online mode (Google meet).

Dr.V.Uma Maheswari Co-ordinator of student mentor system welcomed the gathering. Dr.R.Anbuselvi, Principal In-charge delivered the presidential address. Dr.R.Sophia Porchelvi controller of examinations gave keynote address. Dr.R.Manimozhi IQAC Co-ordinator introduced the Chief Guest.

Dr.V.Suresh, Professor and Head (Retd) Department of psychology, Annamalai University, Chidambaram delivered lecture on the topic “Dynamics of Student Mentoring”. In his address he said that the mentors should identify the student’s nature. He told about the various factors of personality development. He asked the mentors to identify the realistic assessment of their strength and weakness and to improve in any area which is deficient e also emphasized to look after the issues faced by the mentees such as adjusting new environment (away from home, hostel, language, more freedom and responsibility) lack of intimate friends to share, love affair etc. He advised the mentees to be a positive role model .he asked the staff members to take special care to be genuinely interested in mentee as an individual. He asked the mentors to share their experiences and insights to their mentee in order to overcome their problems.

In the feedback session, staff members expressed their views about the programme. Dr.V.Viji Associate Professor Economics, Dr.N.Lavanya Assistant Professor of Physics gave a Positive Feedback that the programme was very useful. They said, that the Speaker motivated them to perform in a better way Mrs.P.Kavitha, co-ordinator of the student mentor system proposed the vote of thanks



Windows taskbar: Dynamics of Student Mentoring x Meet - ADMC - IQAC - FDP on 09-10-21 10:31 AM

Browser: Meet - ADMC - IQAC - FDP on PLAGING
<https://meet.google.com/hwm-yede-wqv?authuser=0&pli=1>

REC

Participants:

- Suresh Vijayaraghavan
- Dr. R.Manimozhi Manik...
- Controller of Examinati...
- vazir janna
- Dr. R.Manimozhi Manik...
- STATISTICS ADMC
- Umavel Admc
- akila prasath
- Vasugi Elavarasu
- sundaram krishnaveni
- Jamuna Devi
- Veera R
- Kayathri Selvarasu
- PG ECO II ADMC
- 19 others
- You

10:31 AM | ADMC - IQAC - FDP on" Student Ment...

Windows taskbar: Dynamics of Student Mentoring x Meet - ADMC - IQAC - FDP on 09-10-21 10:47 AM

Browser: Meet - ADMC - IQAC - FDP on PLAGING
<https://meet.google.com/hwm-yede-wqv?authuser=0&pli=1>

REC Dr. R.Manimozhi Manikantan is presenting

Participants:

- Suresh Vijayar...
- Sophia Porchelvi
- Dr. R.Manimozhi...
- kavi tha
- Vasugi Elavarasu
- STATISTICS AD...
- sundaram krish...
- 23 others
- You

10:47 AM | ADMC - IQAC - FDP on" Student Ment...

NATURE OF STUDENTS

- increased potential
- abstract thought
- self awareness
- identity
- need for intimate relations
- greater vulnerability
- **Problems:** depression, anxiety, suicide, stress

FACULTY DEVELOPMENT PROGRAMME
ON
MENTORING ROLE AND SKILLS



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Nagapattinam

Internal Quality Assurance Cell
&
Student Mentor System

Jointly Organizes a Faculty Development Programme on

MENTORING ROLE AND SKILLS

12th March 2022 | 10.00 am to 1.00 pm

Dr. V.Suresh,
Professor and Head (Rtd)
Department of Psychology,
Annamalai University, Chidambaram.



IQAC Co-Ordinator
Dr. R. Manimozhi
Asst. Professor of English

UGC CO ORDINATOR
Dr. R. Sophia Porchelvi
COE

Chairman - IQAC
Dr. R.Anbuselvi
Principal i/c

STUDENT MENTOR SYSTEM COORDINATORS

Dr. V. Uma Maheswari, Assistant Professor of English
Mrs.P.Kavitha, Assistant Professor of Economics
Dr.L. Jannathul Firhouse, Assistant Professor of Mathematics

MINUTES OF MENTOR MENTEE

Student mentor system and Internal Quality Assurance cell jointly organized Faculty Development Programme on 12.10.2022 through offline mode (Google meet)

Dr.I.Jannathul Firthouuse Co-ordinator of student mentor system welcomed the gathering. Dr.R.Anbuselvi, Principal In-charge delivered the presidential address. Dr.R.Sophia Porchelvi controller of examinations gave keynote address. Dr.V.Uma Maheswari Co-ordinator of student mentor system introduced the Chief Guest.

Dr.V.Suresh Professor Head (Retd) Department of psychology, Annamalai University, Chidambaram delivered lecture on the topic “Mentoring role and skills”

In his address said that mentor should play the role of a trusted counselor. Now a day's students are affected by social and emotional stress. They are also affected by problems like depression, anxiety and stress. He focused on some of the specific issues faced by the students, that they should adjust to the new environment, if they were away from their home either for studies or other purposes .only a mentor can deal with all these problems

He pointed out that mentors should plan for the overall development of the mentee .Mentor should have the good rapport with their mentees, so as to build confident and trust in them .This involves on the part of the mentor. A mentor has multiple roles to play like as a teacher, sponsor, adviser, agent, role model and a confident. A Mentor must be a positive role model. They should support and encourage their mentees in all the aspects mentor should take personal care of their mentee.

He enlightened the audience on mentoring skills like guidance, motivation, emotional support, rapport, communication, providing professional and personal advice .He also explained how students are psychologically affected during post corona period. He said that classroom is fundamental not only for academic interactions but also to develop social and emotional skills, mental, physical health

In the feedback session, staff members expressed their views about the programme. Dr.N.Sampathlakshmi, Associate Professor of commerce, Mrs .K.Puspanayagi Associate Professor of Statistics, Dr.N.Lavanya ,Assistant Profesor of Physis, Dr.G.Anbarasi, Assistant Profesor of History gave positive feedback that the programme was very useful , Dr.R.Manimozhi IQAC Co-ordinator proposed the vote of thanks



MENTORING ROLE AND SKILLS

A.D.M COLLEGE FOR WOMEN (AUTONOMOUS), NAGAPATTINAM – 611 001



Mentors meeting - 10.06.2022

Resource Person	: Dr. Jayanthasri Balakrishnan., Professor of English (Rtd.,) PSG College of Arts & Science, Coimbatore,
Venue	: A.V. Room
Date & Time	: 10.06.2022 & 4.00 P.M

Programme Schedule

- Prayer
- Welcome Address : Dr. R.Anbu Selvi ,Principal In charge
- Presidential Address : Dr. R.Sophia Porchelvi,
Contoller of Examinations
- Special Address : Dr.JayanthasriBalakrishnan.,
Professor of English (Rtd.,)
PSG College of Arts & Science, Coimbatore,
- Vote of Thanks : Mrs. P.Kavitha, Coordinator
- National Anthem

MENTOR MENTEE MINUTES:

Student mentor system organized faculty development programme on 10-06-2022 Dr.R. Anbuselvi, Principal (In-charge) delivered the presidential address. The Chief guest Dr. Jayanthasri Balakrishnan., Professor of English (Rtd.,) PSG College of Arts & Science, Coimbatore,. Motivated the mentor through the motivational speech. She pointed out that teaching lessons is not the only duty of the teachers they have a major role to play in shaping the character and personality of the taught. Mentors should always keep in touch with their students. They also should solve problems faced by the mentees they should help their mentee in all their aspects .Mentor should be the guide of counselor to the students. Mentor should their such a way that mentee should have faith towards them.

